

Age in Place Resource Guide

Senior Centers

Share Club – Lee Memorial Home Health

- 2000 N Recreation Pkwy, North Fort Myers / 239-424-3765
- www.leeememorial.org/shareclub

Karl J Drews Community Center

- 18412 Lee Rd, Fort Myers / 239-267-2181
- www.lee.gov/parks

Lake Kennedy Senior Center

- 400 Santa Barbara Blvd, Cape Coral / 239-574-0575

Riverside Community Center

- 3061 Riverside Dr., Fort Myers / 239-461-3788

Fitness

Lee Co. Parks & Rec, San Carlos Community Pool

- 8208 Sanibel Blvd., Fort Myers / 239-267-6002
- www.leeparks.org

Lee Co. Parks & Rec, North Fort Myers Community Pool

- 5170 Orange Grove Blvd, North Fort Myers / 239-652-4520
- www.leeparks.org

Nutrition Education

Heart, Body, & Mind Home Care

- 12670 World Plaza Ln, Suite 2, Bldg. 62, Fort Myers / 239-603-6455
- www.hbmhomecare.com

Lee County Health Department

- 3920 Michigan Ave, Fort Myers / 239-344-2000
- www.leechd.com

Caregiver Supports

For Caregivers of a Person with Dementia Illness

Dubin Center

- Support Groups & Classes (in-person & Zoom)
- 12685 New Brittany Blvd, Fort Myers
- <https://dubincenter.com/>

Alzheimer's Association

- Local support groups and caregiver education
- www.alz.org

Respite Programs

Senior Friendship Centers of Lee County

- Relief Volunteers
- 12734 Kenwood Lane, Fort Myers / 239-275-1881

Hope PACE

- Also provides supports for general caregiving
- 2668 Winkler Ave, Fort Myers / 239-985-6400 ~ 800-995-8771
- www.hopepace.org

Age at Home Repair/Modifications

Surfside Home Improvements

- 4417 SE 16th Pl, Unit 12, Cape Coral / 239-541-0131

Get a Grip Grab Bars

- 660 Peck Ave, Fort Myers / 239-482-2145
- www.getagripfl.com

Lee BIA Builders Care

- 6835 International Center Blvd., Suite 4, Fort Myers / 239-938-0056
- www.leebuilderscare.org

Need-based Funding – electricity payments, food vouchers, rent assistance

United Way House of South Lee

- 17592 Rockefeller Circle, Fort Myers / 239-433-3900
- www.icslee.org

Salvation Army of Lee, Hendry, & Glades

- 2400 Edison Ave, Fort Myers / 239-334-3745
- www.salvationarmyleecounty.org

Florida Department of Children and Families

- 2295 Victoria Ave, Room 110, Fort Myers / 866-762-2237
- www.myflfamilies.com

Lee County Department of Human Services & Veteran Services

- 2440 Thompson St, Fort Myers / 239-533-7976
- www.dhs.leegov.com

St. Vincent De Paul Chapel by the Sea

- 100 Chapel St., Fort Myers / 239-463-3173
- www.chapelbts.org

Money Management Assistance

Center for Independent Living – Gulf Coast Center

- 7011 Cypress Terr., Suite 103, Fort Myers / 239-260-4575
- www.cilgulfcoastflorida.org

Brightstar Care of Naples & Fort Myers

- 28901 Trails Edge Blvd., Unit 203, Bonita Springs / 239-992-4779
- www.brightstarcare.com

Investment Counseling

Amy McGarry Law Office

- 1708 Cape Coral Pkwy W, Suite 7, Cape Coral / 239-945-3883
- www.amymcgarrylaw.com

Nursing/Companion/Homemaker Services

Brightstar Care of Naples & Fort Myers

- 28901 Trails Edge Blvd., Unit 203, Bonita Springs / 239-992-4779
- www.brightstarcare.com

Granny Nannies Home Health Care

- 4300 Ford St Extension, Suite 106, Fort Myers / 239-277-7188
- www.grannynannies.com

Dial A Nurse

- 2180 W 1st St, Suite 510, Fort Myers / 239-939-1228
- www.dialanurse.com

Hope Healthcare – Hope Pace Center

- 2668 Winkler Ave, Fort Myers / 239-985-6400 ~ 800-995-8771
- www.hopepace.org

Nursecore

- 4350 Fowler St, Suite 4, Fort Myers / 239-278-3633
- www.nursecore.com

Lee Memorial Home Health

- 12600 Creekside Ln, Suite 7, Fort Myers / 239-343-9220

Transportation

Royal Transportation Inc

- 2119 Pine View Rd, Fort Myers / 239-369-8300 ~ 800-939-9910
- www.a1royallimousine.com

Lee Tran – Pass Port

- 3401 Metro Pkwy, Fort Myers / 239-533-8726 ~ 239-533-0300
- www.rideleetran.com

Caregiver Services Inc

- 12563 New Brittany Blvd., #24, Fort Myers / 239-481-6138 ~ 800-282-6409
- www.csicaregiver.com

Community Resource Network of Florida

- 12751 World Plaza Ln, Fort Myers / 239-689-1922
- www.crnflorida.com

Aging in Place Checklist



- Evaluate your finances and create short- and long-term budgets.
- Consider meeting with a financial advisor.
- Talk with family about how much support they can provide.
- Identify necessary home modification projects and get professional estimates for the work.
- Assess your current health and future needs.
- Come to terms with changes in your level of independence.
- See what services your health insurance will pay for.
- Speak with a lawyer about estate planning, a will and power of attorney.
- Explore available nonprofit and government resources in your area.
- Consider transportation options if you can no longer drive.
- Have a plan in case it becomes impossible for you to remain in your home.